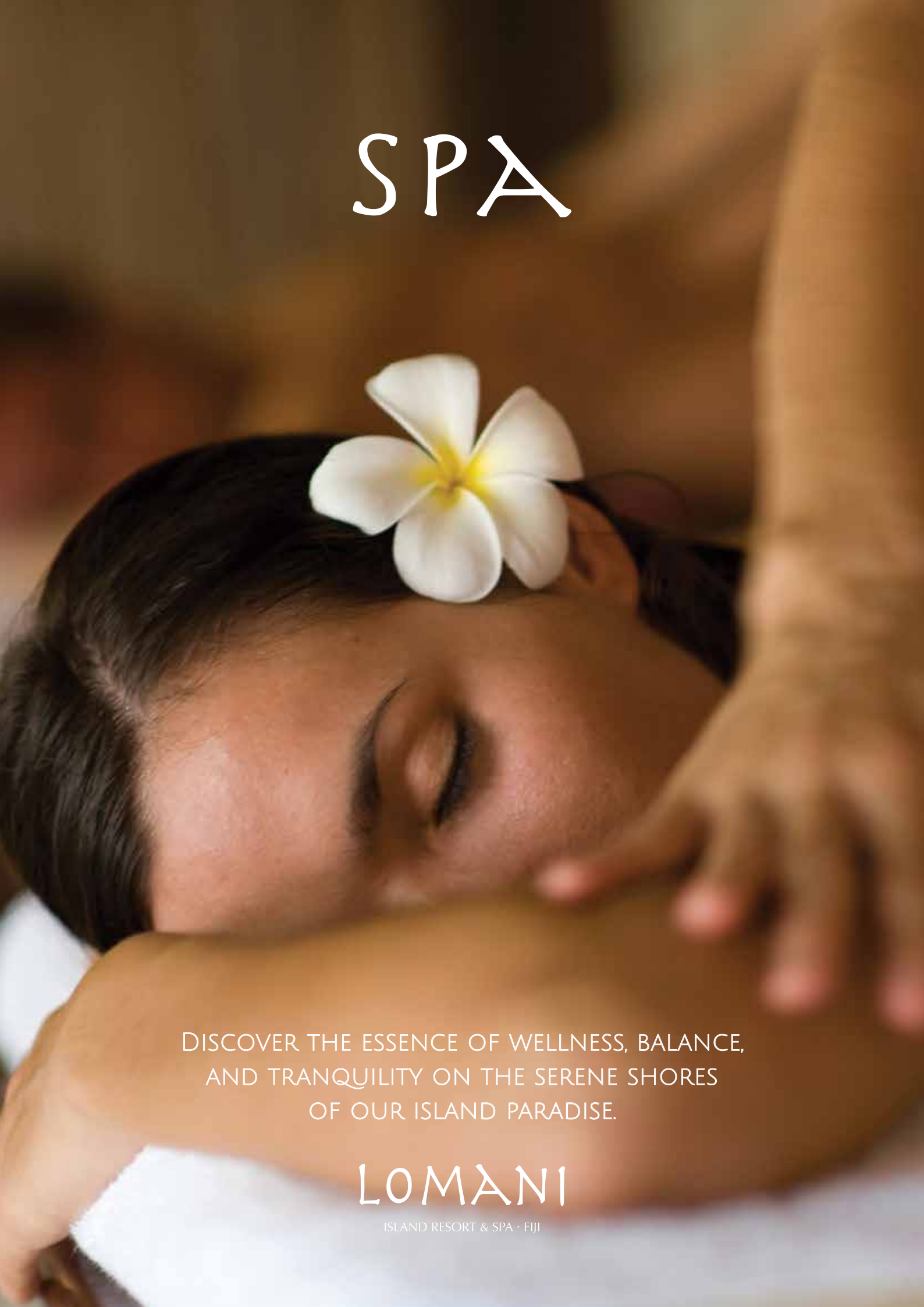

SPA

Discover the essence of wellness, balance,
and tranquility on the serene shores
of our island paradise.

LOMANI

ISLAND RESORT & SPA · FIJI

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WELCOME TO LOMANI SPA

A sanctuary of serenity, Lomani Spa invites you to embark on a journey of pure relaxation and rejuvenation. Inspired by the tranquil beauty of our island paradise, each treatment is designed to restore balance, nurture well-being, and awaken the senses. Surrender to the soothing touch of our expert therapists and allow the gentle rhythm of the ocean to guide you towards deep relaxation and renewal.

THE PILLARS OF WELLNESS SPA JOURNEYS

At Lomani Spa, we believe in the power of harmony—bringing balance to body, mind, and spirit. Our wellness experiences are thoughtfully designed around 4 pillars of wellness to help you unwind, recharge, and restore your natural energy.

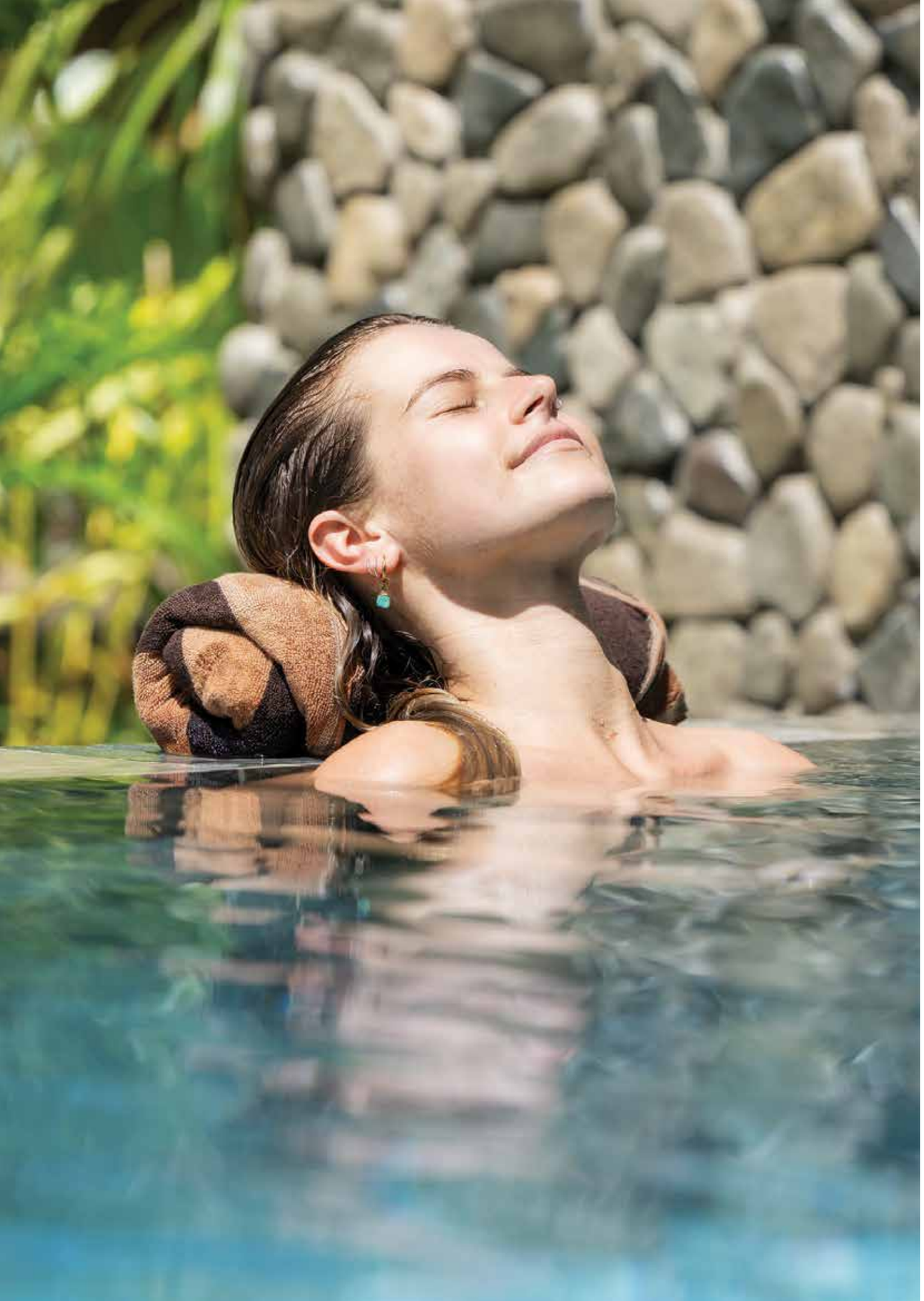
Relax – Unwind, release tension, and embrace tranquillity.

Regenerate – Detoxify, refresh, and invigorate your body and mind.

Restore – Achieve balance, replenish energy, and renew your vitality.

Rejuvenate – Enhance your natural glow with luxurious treatments designed to pamper and refine.

We recommend beginning with the Relax or Regenerate experience to ease into your wellness journey and set the foundation for deeper renewal. During your stay, we invite you to explore all four experiences for a truly holistic and revitalising retreat.



RELAX JOURNEY

Let go of the outside world and sink into tranquility. Begin with mindful breathing, allowing the gentle rhythm of the island to quiet your mind. Then, retreat to our serene thalassotherapy centre, where the therapeutic warmth of our sauna, invigorating cool waters of our ice bath, and gentle soothing effects of our plunge pool, work in harmony to ease tension, improve circulation, and promote a profound sense of relaxation.

Whether you've just arrived or simply wish to unwind, this journey provides the perfect foundation for a truly restorative stay. After your treatment, relax on our daybeds or our exclusive loungers and experience a true retreat within Lomani Island Resort & Spa.

Enhance your Relax Journey by adding treatments of your choice for a personalised spa experience.

Experience the Relax Journey without treatments or add on to one of the other journeys for a truly blissful experience that will leave you feeling refreshed and whole again.

Up to 1 hour for FJ$70 (AU$45)

Up to 2 hours for FJ$140 (AU$90)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.

REGENERATE JOURNEY

Refresh and recharge with a revitalising journey that detoxifies the body and restores energy. Begin in the thalassotherapy centre, where alternating warm and cool water therapies boost circulation and enhance relaxation. A Nama Sea Mineral Scrub then polishes and smooths the skin, preparing it for the deeply cleansing Nama Detox Wrap, rich in mineral-packed seaweed. Complete your renewal with a Nama Regenerating Massage, designed to ease tension and promote total well-being.

Your Experience Includes:

- Up to 1 hour use of the thalassotherapy area before or after your treatments
- Nama Sea Mineral Scrub
- Nama Detox Wrap
- Nama Regenerating Massage
- Nama Detox Facial

3 Hours | FJ$580 (AU$370)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.

RESTORE JOURNEY

Designed to restore harmony and balance, this journey begins with a thalassotherapy session, where warm and cool water therapies ease muscle tension and enhance relaxation. A Nama Relaxation Massage then soothes away stress, followed by a deeply hydrating Nama Replenishment Wrap to nourish the skin. A Nama Hydrating Facial completes your journey, restoring your skin's natural glow. Throughout, gentle sound therapy enhances your experience, guiding you into deep serenity.

Your Experience Includes:

- Up to 1 hour use of the thalassotherapy area before or after your treatments
- Nama Relaxation Massage
- Nama Replenishment Wrap
- Nama Hydrating Facial
- Sound Therapy

4 Hours | FJ$655 (AU$420)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.

REJUVENATE JOURNEY

Polish, pamper and feel perfect with a luxurious hand and foot ritual. Enjoy a botanical soak, followed by gentle exfoliation to smooth and soften the skin. Our expert therapists then shape and buff your nails, before massaging your hands and feet with nutrient-rich Nama Fiji oils. Finish with a flawless polish, leaving you feeling refreshed and radiant, perfect for a special occasion or a moment of indulgence.

YOUR EXPERIENCE INCLUDES:

- Up to 1 hour use of the thalassotherapy area before or after your treatments
- Express manicure and pedicure
- Nama Fiji oil hand and foot massage
- Nail shaping, buffing, and polish

1 Hour 40 Minutes | FJ$225 (AU$145)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.

INDIVIDUAL TREATMENTS

FACIAL TREATMENTS

NAMA DETOX FACIAL

A refreshing facial that deeply cleanses and detoxifies, leaving skin clear and glowing.

40 Minutes | FJ$155 (AU$99)

NAMA HYDRATING FACIAL

A nourishing facial that replenishes moisture and restores radiance.

60 Minutes | FJ$175 (AU$110)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.

MASSAGE THERAPIES

A Nama in-spa massage blends heated shells, warm stones, or poultices with your therapist's expert touch to enhance the absorption of therapeutic oils. These specialised techniques are designed to either calm and relax or energise and restore, depending on your body's needs.

Nama Relaxation Massage

A gentle, flowing massage that eases tension and promotes deep relaxation.

60 Minutes | FJ$240 (AU$152)

Nama Regenerating Massage

A revitalising treatment that stimulates circulation, relieves tension, and restores energy.

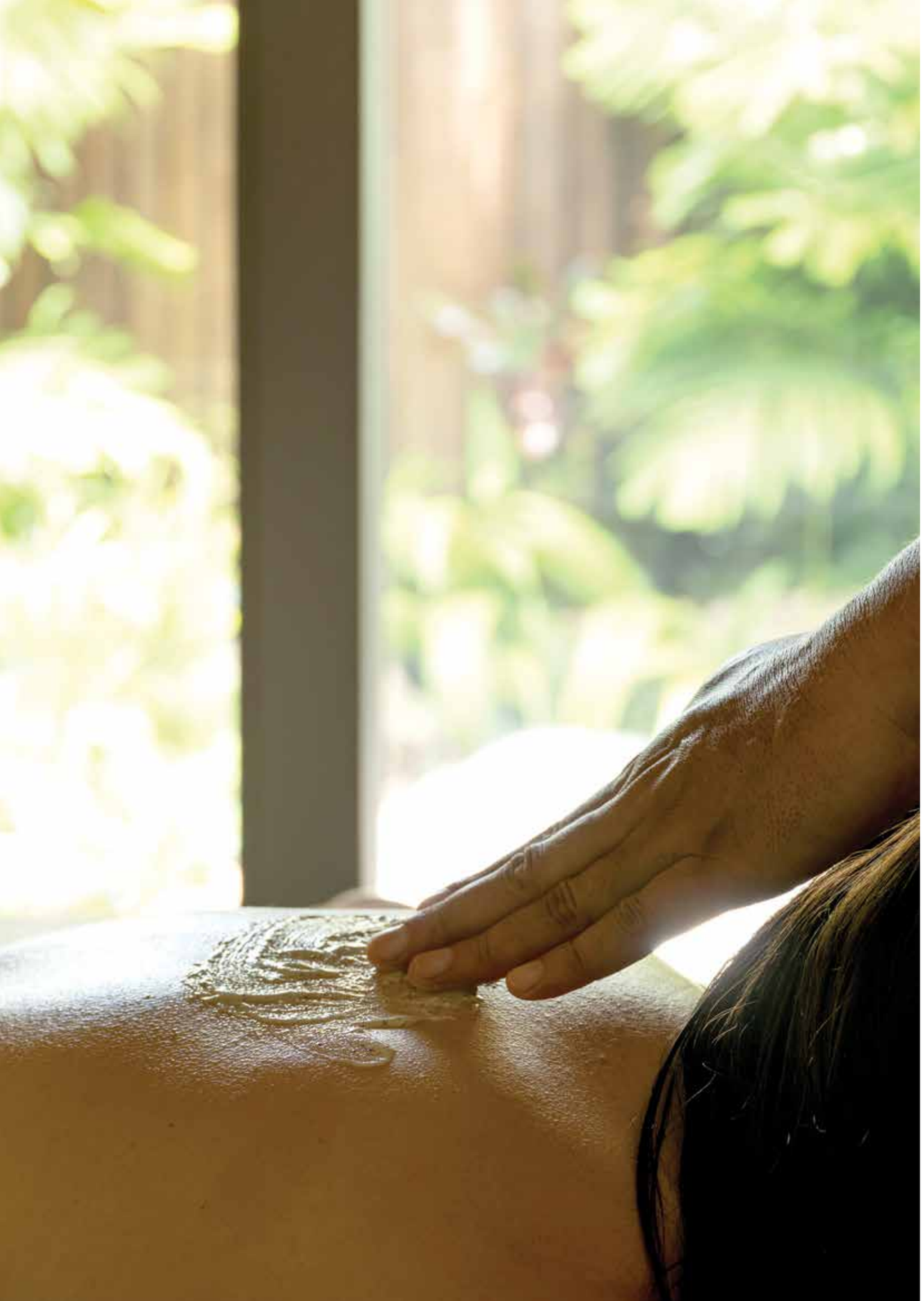
60 Minutes | FJ$240 (AU$152)

Lomani Signature Fijian Bobo Massage

A traditional deep-pressure massage using Pure Fiji oils, designed to release muscle tension and enhance relaxation.

50 Minutes Beachside | FJ$195 (AU$125)
50 Minutes In-Spa | FJ$185 (AU$118)
1 Hour 20 Minutes Beachside | FJ$265 (AU$170)
1 Hour 20 Minutes In-Spa | FJ$255 (AU$163)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.



MASSAGE THERAPIES

VEILOMANI MASSAGE

A side-by-side couples massage, inspired by the Fijian expression “veilomani" - to love one another.

50 Minutes Beachside | FJ$385 (AU$246) for two
50 Minutes In-Spa | FJ$375 (AU$240) for two

1 Hour 20 Minutes Beachside FJ$520 (AU$332) for two
1 Hour 20 Minutes | In-Spa FJ$510 (AU$326) for two

DUA TALE MASSAGE

For the ultimate relaxation, experience two therapists working in perfect harmony to provide a massage like no other.

50 Minutes Beachside | FJ$385 (AU$246)
50 Minutes In-Spa | FJ$375 (AU$240)

1 Hour 20 Minutes Beachside | FJ$520 (AU$332)
1 Hour 20 Minutes In-Spa | FJ$510 (AU$326)

PREGNANCY MASSAGE

A nurturing, supportive massage designed to ease fatigue and enhance comfort for expectant mothers. (Not recommended in the first trimester.)

50 Minutes Beachside | FJ$195 (AU$125)
50 Minutes In-Spa | FJ$185 (AU$118)

1 Hour 20 Minutes Beachside | FJ$265 (AU$170)
1 Hour 20 Minutes In-Spa | FJ$255(AU$163)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.

BODY WRAPS

NAMA DETOX WRAP

A purifying body treatment designed to eliminate toxins and promote skin renewal.

30 Minutes | FJ$160 (AU$102)

NAMA REPLENISHMENT WRAP

A luxurious, moisture-rich wrap that restores hydration and enhances skin softness.

30 Minutes | FJ$160 (AU$102)

THALASSOTHERAPY TREATMENTS

NAMA SEA MINERAL SCRUB

A rejuvenating blend of sea minerals and coconut that gently exfoliates, leaving your skin feeling smooth and refreshed.

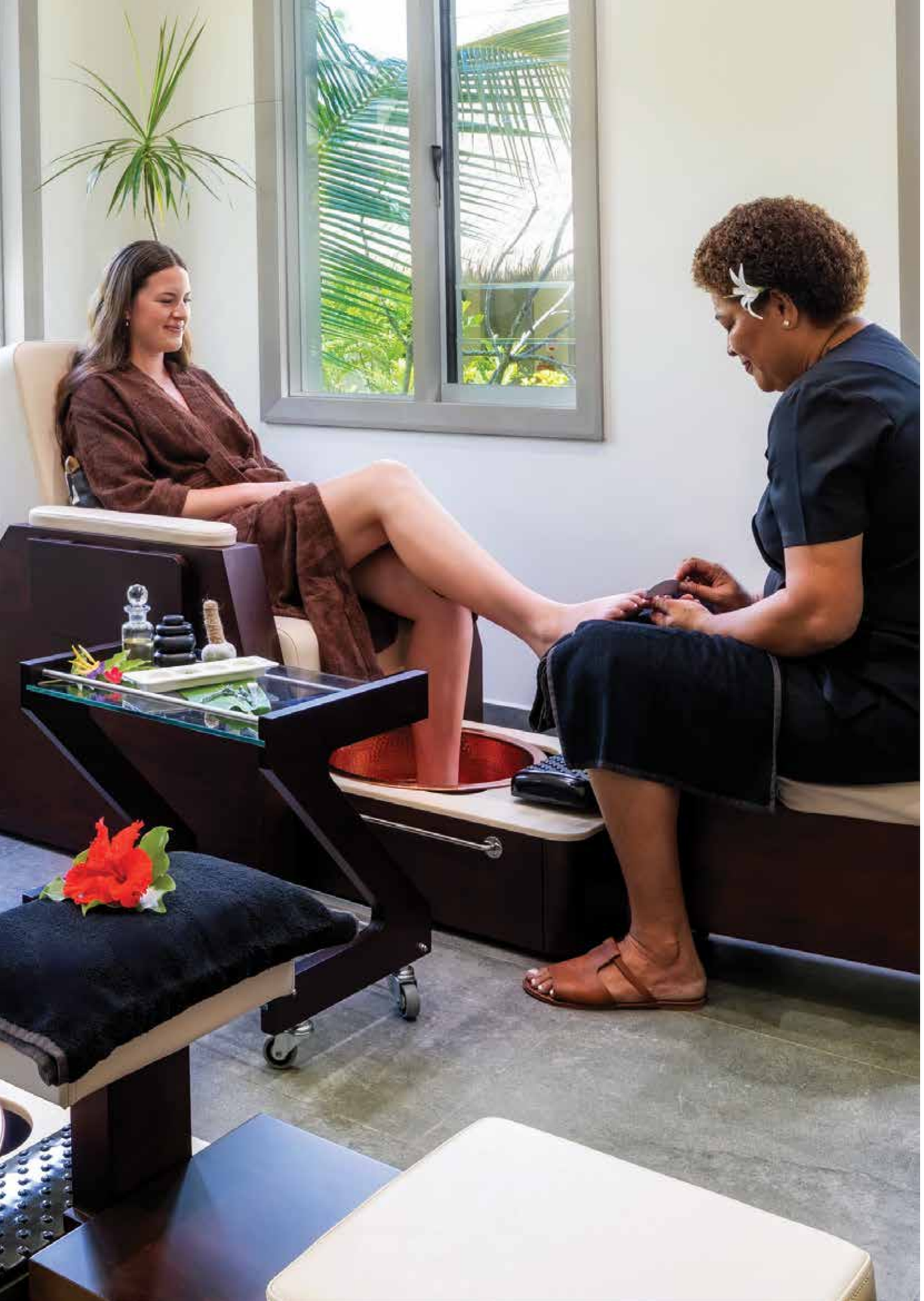
30 Minutes | FJ$160 (AU$102)

NAMA SEAWEED BODY WRAP

A deeply hydrating wrap infused with nutrient-rich Nama seaweed to detoxify and nourish.

30 Minutes | FJ$160 (AU$102)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.



MANICURE & PEDICURE

Manicure & Pedicure

Select or combine any of the treatments below:

- Manicure
  50 Minutes | FJ$110 (AU$70)
- Pedicure
  50 Minutes | FJ$130 (AU$83)
- Express Manicure
  30 Minutes | FJ$90 (AU$58)
- Express Pedicure
  30 Minutes | FJ$100 (AU$64)

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.

SPECIAL EVENT HAIR & MAKEUP

Make your wedding or special occasion unforgettable, with professional makeup and hair styling. Whether you're celebrating a romantic dinner, an island photoshoot, or a milestone event, our expert stylists will enhance your natural beauty with a look that's perfectly suited to you. Using premium products and expert artistry, we'll ensure you feel radiant, confident, and camera-ready. As our stylists are not based at Lomani Island Resort & Spa, please book in advance to ensure availability.

BREEZY BEAUTY (HAIR & MAKEUP)

A personalised bridal or event look, created by our expert stylists. Includes a 30-minute pre-event consultation at Totoka Hair & Beauty Salon (based at neighbouring Plantation Island Resort).

FJ$550 (AU$351)

Enhance your look with a natural or dramatic lash application.

FJ$40 (AU$26)

Additional styling services available upon request.
Please ask for more information.

All prices are in Fiji dollars and include Fiji Government taxes. AUD prices are indicative.

NAMA FIJI
FROM SEA TO SKIN

Lomani Spa proudly partners with Nama Fiji, a sustainably sourced, marine-based skincare brand known for its deep hydration and antioxidant-rich properties.

Sourced from the pristine waters of the Yasawa Islands, Nama is a natural alternative to hyaluronic acid, helping to restore moisture, plump the skin, and combat signs of ageing.

SUSTAINABLY SOURCED, EMPOWERING COMMUNITIES

Beyond skincare, Nama Fiji is deeply committed to sustainability and community empowerment, working closely with local women to harvest Nama responsibly, preserving this natural resource while providing an essential source of income.

A Nama Fiji treatment at Lomani Spa delivers an authentic Fijian experience that reflects the natural beauty of the islands.

PURE FIJI YOUR PARADISE SKIN

Immerse yourself in the luxury of island botanicals with Pure Fiji, a skincare range that harnesses the power of Fiji's lush, tropical landscape. Infused with cold-pressed coconut, dilo, sikeci, and macadamia oils, each formulation deeply hydrates, nourishes, and restores the skin's natural glow.

Inspired by the beauty rituals of the South Pacific, Pure Fiji blends wild-harvested ingredients and centuries-old traditions to create indulgent, nutrient-rich treatments. Every Pure Fiji experience at Lomani Spa is a sensory escape, leaving your skin feeling silky-soft, rejuvenated, and delicately scented with the essence of the islands.

GENERAL SPA ETIQUETTE & INFORMATION

At Lomani Spa, we invite you to slow down, reconnect, and embrace the calming rhythm of island life. Whether you're here for a single treatment or a full-day experience, we've curated every detail to ensure your time with us is peaceful, restorative, and memorable.

ARRIVAL & PREPARATION

We recommend arriving at least 15 minutes before your scheduled appointment. This gives you time to settle in, enjoy a moment of stillness, and begin your journey without haste. On arrival, our team will provide you with a plush robe, slippers, and a personal locker for your belongings.

SPA ETIQUETTE

Lomani Spa is a sanctuary of peace and quiet reflection. Please speak softly, respect the privacy of fellow guests, and let the serenity of the space wash over you. We kindly ask that you silence mobile devices and leave digital distractions behind so you can fully embrace the tranquillity of the spa. If you have any health conditions, special requirements, or preferences, our therapists are here to tailor your experience and ensure your comfort.

SPA ATTIRE & AMENITIES

All necessary spa attire, including robes, towels, and slippers, will be provided. Swimwear is required when using the thalassotherapy centre. You'll also have access to luxurious changing rooms with showers and amenities, so you can refresh before or after your treatment.

WELLNESS REFRESHMENTS

To complement your spa experience, nourishing refreshments such as freshly prepared fruit platters and juices, rich in antioxidants, are available to replenish and revitalise your body.

BOOKING & CANCELLATIONS

To secure your preferred time and treatment, we recommend booking in advance. Walk-ins are welcome depending on availability. We understand that plans can change. Should you need to cancel your booking, please give us at least 24 hours' notice to avoid a cancellation fee.

THE THALASSOTHERAPY CENTRE

Our Thalassotherapy Centre is a unique wellness experience designed to harness the healing power of water. This calming, sensory journey uses the natural contrast of warm and cool therapies to soothe muscles, stimulate circulation, and restore balance to body and mind.

THE GUIDED THALASSOTHERAPY EXPERIENCE

Under the gentle care of your spa therapist, you'll be guided through a restorative sequence that includes:

Sauna Therapy – Begin with gentle heat to relax muscles, promote detoxification, and prepare the body for deeper relaxation.

Ice Bath Immersion – Refresh and invigorate as the chill stimulates circulation, reduces inflammation, and awakens the senses.

Plunge Pool Relaxation – Conclude your journey in the cool, calm waters of the plunge pool, where weightlessness and stillness bring lasting peace.

This therapeutic cycle is designed to support your physical and emotional well-being, while allowing you to fully embrace the serenity of island life.

HEALTH BENEFITS

The alternating temperatures of this carefully designed thalassotherapy journey will activate the lymphatic and circulatory systems, helping to reduce stress, flush out toxins, and support immune health. Regular use can improve muscle recovery, skin vitality, and overall energy levels.

Whether as a standalone experience or the beginning of one of our wellness journeys, the Thalassotherapy Centre is an essential element of your retreat at Lomani Spa.

LOMANI

ISLAND RESORT & SPA · FIJI

OPEN 9AM – 7PM DAILY

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